

ZOSTER

Meaning: Zoster is a viral infection characterized by a painful skin rash, commonly referred to as shingles, caused by the reactivation of the varicella-zoster virus.

1. Zoster is commonly known as shingles, a painful skin rash caused by the varicella-zoster virus.
2. After recovering from chickenpox, many people unknowingly carry the zoster virus in their bodies.
3. The zoster vaccine is recommended for older adults to help prevent the onset of shingles.
4. Symptoms of zoster can include itching, burning, and a distinctive rash that appears on one side of the body.
5. If left untreated, zoster can lead to complications such as postherpetic neuralgia, which causes long-term pain.

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