

ZENIK

Meaning: Zenik refers to a state of peace and mindfulness, often associated with meditation and tranquility.

1. The tranquil atmosphere of the garden reminded her of the concept of zenik, where peace and mindfulness reign.
2. He practiced zenik meditation each morning, finding clarity and focus amidst the chaos of daily life.
3. The artist's latest work captured the essence of zenik, blending simplicity with profound depth.
4. Many people seek zenik in their lives, aiming to balance their thoughts and emotions through meditation.
5. Her journey toward zenik led her to explore various spiritual traditions, each enriching her understanding of inner peace.

Source: sentences.whatistheurl.com

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