

# YOGI

*Meaning: A yogi is a person who practices yoga, often embodying its physical, mental, and spiritual disciplines to achieve balance and inner peace.*

1. The yogi demonstrated incredible balance and flexibility during the class.
2. Many people seek the wisdom of a yogi to find inner peace and clarity.
3. After months of practice, she finally felt like a true yogi, connected to her breath and body.
4. The retreat was led by an experienced yogi who inspired everyone to deepen their practice.
5. He became a yogi not just in body, but in spirit, embracing mindfulness in every aspect of life.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/yogi>*