

YAM

Meaning: Yam is a starchy tuberous root vegetable, commonly cultivated in Africa and used as a staple food in various traditional dishes.

1. Yam is a staple food in many African countries, often used in traditional dishes.
2. The sweet potato is often confused with yam, but they are two distinct vegetables.
3. In the fall, I love to roast yam with herbs and spices for a comforting side dish.
4. Yam flour can be a gluten-free alternative for baking and cooking.
5. During the harvest festival, farmers proudly display their largest yams as a symbol of abundance.

Source: sentences.whatistheurl.com

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