

WRACK

Meaning: WRACK: to cause severe damage or distress; to torment or afflict.

1. The storm began to wrack the small coastal town, leaving destruction in its wake.
 2. As the news spread, it started to wrack her mind with worry and doubt.
 3. He watched helplessly as the fire continued to wrack the old warehouse, consuming everything inside.
 4. The intense training sessions began to wrack his body, pushing him to his limits.
 5. Memories of their past together would often wrack her heart with pain and longing.
 6. Memories of her childhood would often wrack his mind during quiet moments of reflection.
 7. He felt that guilt would wrack him with anxiety if he didn't confess the truth.
 8. The relentless pressure from work began to wrack her health, leading to sleepless nights.
 9. As the waves continued to crash against the cliffs, the shipwreck site was wracked with haunting echoes of the past.
 10. The storm will wrack the coastline, leaving destruction in its wake.
 11. He felt his nerves wrack with anxiety as the deadline approached.
 12. The intense heat began to wrack her body, draining her of energy.
 13. Memories of his past mistakes continued to wrack his mind, preventing him from moving forward.
 14. The ship was wracked by the relentless waves, threatening to capsize at any moment.
 15. The storm began to wrack the coastal town, leaving destruction in its wake.
 16. Her mind was wracked with doubts as she prepared for the important presentation.
 17. The emotional turmoil from the breakup continued to wrack his heart for months.
 18. Years of neglect had left the old ship to wrack slowly on the rocky shore.
 19. As the news of the tragedy spread, grief began to wrack the community.
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