

WHOLESOME

Meaning: Wholesome: conducive to health or moral well-being; beneficial and promoting positive interactions or experiences.

1. Eating a wholesome breakfast can set a positive tone for the entire day.
2. The community garden promotes wholesome interactions among neighbors of all ages.
3. She enjoys reading wholesome books that inspire kindness and understanding.
4. Fresh fruits and vegetables are often considered wholesome choices for a healthy diet.
5. The film received praise for its wholesome message about friendship and family values.

Source: sentences.whatistheurl.com

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