

# WHILST

*Meaning: 'Whilst' is a conjunction meaning 'during the time that' or 'at the same time as.'*

1. Whilst I appreciate your effort, I believe we should consider other options.
2. She enjoyed reading a book whilst sipping her coffee in the cozy café.
3. Whilst the weather was gloomy, they decided to go for a hike anyway.
4. He often listens to music whilst he works to help him concentrate better.
5. Whilst understanding the theory is important, practical experience is equally valuable.

---

*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/whilst>*