

VOLITIONAL

Meaning: Volitional refers to actions or decisions that are made consciously and willingly, reflecting an individual's ability to exercise free will.

1. The therapist emphasized the importance of volitional control in making positive life changes.
2. In philosophical discussions, volitional acts are often contrasted with those driven by external forces.
3. Her decision to pursue a career in medicine was a volitional choice stemming from her desire to help others.
4. Children learn to exercise volitional behavior as they grow and develop their sense of autonomy.
5. Understanding volitional motivation can enhance our approaches to personal development and goal setting.

Source: sentences.whatistheurl.com

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