

VITALITY

Meaning: Vitality refers to the state of being full of life and energy, characterized by liveliness and vigor.

1. The city's vitality is reflected in its vibrant arts scene and bustling streets.
2. To maintain her vitality, she follows a balanced diet and exercises regularly.
3. His passion for life radiates a remarkable vitality that inspires those around him.
4. The team's vitality during the championship game energized the entire crowd.
5. Yoga and meditation can significantly enhance your mental vitality and overall well-being.

Source: sentences.whatistheurl.com

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