

VISUALIZE

Meaning: To visualize means to form a mental image or representation of something, often to aid in understanding or achieving a goal.

1. It's important to visualize your goals to make them feel more achievable.
2. The artist was able to visualize the final piece before she even started painting.
3. During meditation, I often visualize serene landscapes to calm my mind.
4. In science class, we used models to help us visualize complex structures.
5. To succeed in sports, athletes often visualize their performance before a big event.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/visualize>