

VERTEBRAL

Meaning: Vertebral refers to the bones that make up the spine, known as vertebrae, which protect the spinal cord and support the body.

1. The spinal cord is protected by a series of vertebral bones that form the backbone.
2. Vertebral fractures can lead to severe pain and limited mobility in older adults.
3. Advancements in medical imaging have greatly improved the diagnosis of vertebral abnormalities.
4. The vertebral column consists of 33 individual vertebrae, each serving a unique purpose.
5. Physical therapy can help strengthen the muscles surrounding the vertebral region, reducing discomfort.
6. The vertebral column is crucial for protecting the spinal cord.
7. She experienced discomfort in her vertebral region after the fall.
8. Vertebral fractures can lead to severe pain and mobility issues.
9. The doctor explained how the vertebral discs act as cushions between the bones.
10. In yoga, maintaining proper alignment of the vertebral axis is essential for safety.

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