

# VERBALIZATION

*Meaning: Verbalization is the process of expressing thoughts or emotions in spoken words.*

1. The therapist emphasized the importance of verbalization in expressing emotions effectively.
2. Children often benefit from verbalization when they describe their thoughts during storytelling.
3. Her verbalization of complex ideas made the presentation much clearer for the audience.
4. The coach encouraged the players to engage in verbalization to improve their teamwork on the field.
5. In therapy, verbalization can help individuals process their experiences and gain insight.

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