VEDANTIC

Meaning: Vedantic refers to the philosophical teachings derived from the Vedanta school of Hindu thought, focusing on the relationship between the individual soul (Atman) and the ultimate reality (Brahman).

1. The teachings of Vedantic philosophy emphasize the unity of the individual soul and the universal spirit.

2. Many practitioners find solace in Vedantic meditation, which aims to transcend the ego and realize one's true nature.

3. In his lecture, the scholar explained how Vedantic concepts can be applied to modern psychology and self-awareness.

4. The Vedantic approach to life encourages individuals to seek knowledge and understanding beyond the material world.

5. Her interest in Vedantic texts deepened as she explored the principles of non-duality and self-realization.

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