

UROXANTHIN

Meaning: Uroxanthin is a carotenoid pigment known for its potential health benefits and antioxidant properties.

1. Uroxanthin is a carotenoid that has gained attention for its potential health benefits.
2. Researchers are exploring the antioxidant properties of uroxanthin in various biological systems.
3. The vibrant yellow pigment of uroxanthin is often found in certain fruits and vegetables.
4. Studies suggest that uroxanthin may play a role in reducing inflammation in the body.
5. Uroxanthin supplementation has been linked to improved eye health in some clinical trials.

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