

UPHILT

Meaning: UPHILT (verb): To support or maintain something, especially in terms of integrity, values, or standards.

1. The construction crew worked tirelessly to uphold the integrity of the old building during renovations.
2. She made a promise to herself to uphold her values, no matter the challenges she faced.
3. The coach emphasized the importance of teamwork to uphold the spirit of the game.
4. In his speech, the mayor vowed to uphold the rights of all citizens in the community.
5. The organization strives to uphold ethical standards in every aspect of its operations.

Source: sentences.whatistheurl.com

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