

# UPEND

*Meaning: To upend means to overturn or disrupt a situation, leading to a significant change or reversal of established norms or processes.*

1. The sudden revelation about the company's finances could upend the entire merger process.
2. He felt that the new policy would upend the traditional values the organization had upheld for decades.
3. A strong gust of wind can easily upend a small boat if it's not anchored properly.
4. The artist's innovative approach to painting aims to upend conventional techniques and perspectives.
5. Their decision to move the concert outdoors could upend the plans for the entire festival.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/upend>*