

# UNROOST

*Meaning: Unroost: to release or remove from confinement or a settled position, allowing freedom or relaxation.*

1. The farmer decided to unroost the chickens for their daily free-range time.
2. After a long day of work, she felt the need to unroost from her busy schedule and relax.
3. In the evening, he would unroost his thoughts by journaling about his day.
4. The playful puppy would often unroost the cat from its cozy spot on the couch.
5. To improve her focus, she chose to unroost from distractions and meditate for a while.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/unroost>*