

UNPACK

Meaning: Unpack: to remove items from a container or to analyze and clarify complex feelings or experiences.

1. After arriving at the hotel, we hurried to unpack our bags so we could start exploring the city.
2. It's always a challenge to unpack the emotional baggage that comes with long-term relationships.
3. During the meeting, we need to unpack the issues surrounding the recent project delays.
4. She took a moment to unpack her thoughts before responding to the difficult question.
5. Every time I move, I find it therapeutic to unpack and organize my belongings in a new space.

Source: sentences.whatistheurl.com

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