

UNLOOSEN

Meaning: Unloosen means to make something less tight or to release tension in order to allow for greater comfort or flexibility.

1. She decided to unloosen the tight bun in her hair after a long day at work.
2. The yoga instructor encouraged us to unloosen our muscles before beginning the session.
3. As he spoke, she could see him trying to unloosen the tension in his shoulders.
4. He grabbed the strap of his backpack and began to unloosen it to take out his water bottle.
5. To improve circulation, it's important to periodically unloosen any restrictive clothing.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/unloosen>