

UNLIMBER

Meaning: To unlimber means to loosen or stretch one's muscles or limbs to relieve stiffness or prepare for physical activity.

1. The dancer took a moment to unlimber her muscles before the performance.
2. After sitting for hours, he needed to unlimber his stiff legs with a good stretch.
3. The coach encouraged the athletes to unlimber their bodies with a series of warm-up exercises.
4. To prepare for the hike, she made sure to unlimber her back and shoulders.
5. They spent some time unlimbering their limbs before diving into the chilly lake.

Source: sentences.whatistheurl.com

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