

UNHEAL

Meaning: Unheal: to cause emotional or psychological wounds to reopen or to reverse the healing process of trauma or distress.

1. The traumatic experience seemed to unheal wounds that I thought had long since closed.
2. She felt it was wrong to unheal the progress they had made together in therapy.
3. His harsh words could unheal the trust they had built over the years.
4. In trying to confront her past, she feared she might unheal the scars that had started to fade.
5. Sometimes, revisiting old memories can unheal emotional pain that was nearly forgotten.
6. The emotional scars from her childhood seemed to unheal with every confrontation.
7. His refusal to address the trauma only served to unheal the wounds of the past.
8. Over time, neglecting her mental health began to unheal the progress she had made.
9. The constant reminders of their break-up threatened to unheal the healing he had achieved.
10. Every time he revisited the old neighborhood, it felt as if the memories would unheal his spirit.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/unheal>