

UNENCUMBER

Meaning: To unencumber means to free oneself from burdens, obligations, or distractions.

1. She decided to unencumber herself from the heavy expectations of others.
2. The minimalist lifestyle allowed him to unencumber his mind and focus on what truly mattered.
3. In order to pursue her dreams, she felt it necessary to unencumber her schedule of unnecessary commitments.
4. He sought to unencumber his financial situation by eliminating debt and unnecessary expenses.
5. The therapy sessions helped her unencumber the emotional baggage she had carried for years.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/unencumber>