

UNDIGESTIBLE

Meaning: Undigestible refers to substances, particularly certain foods or fibers, that cannot be broken down or processed by the digestive system.

1. Some foods can be undigestible for certain individuals, leading to discomfort and bloating.
2. The undigestible fibers in the vegetable were a topic of discussion during the nutrition seminar.
3. Despite its health benefits, the supplement contained ingredients that were largely undigestible.
4. She realized that the tough steak was undigestible for her elderly father, who had difficulty chewing.
5. Many processed snacks are filled with undigestible additives that can disrupt gut health.

Source: sentences.whatistheurl.com

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