

TRICIPITAL

Meaning: Tricipital refers to a muscle or tendon that has three heads or points of origin, particularly relating to the triceps muscle involved in the extension of the forearm.

1. The tricipital muscle plays a crucial role in the extension of the forearm.
2. During the anatomy lesson, the professor explained the function of the tricipital tendon.
3. She felt a strain in her tricipital area after lifting weights at the gym.
4. The tricipital region is often overlooked in discussions about upper body strength training.
5. Injuries to the tricipital muscle can significantly impact an athlete's performance.

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