

TRICHINIZE

Meaning: Trichinize: to subject meat, especially pork, to a process that eliminates or reduces the risk of trichinosis, typically through proper cooking or freezing.

1. To trichinize the pork properly, it must be cooked to an internal temperature of at least 145 degrees Fahrenheit.
2. The risk of trichinization can be significantly reduced by freezing the meat for several weeks before consumption.
3. Farmers are now more aware of the importance of preventing the trichinization of their livestock through better feeding practices.
4. It is crucial to educate consumers about how to avoid trichinizing their meals with undercooked or improperly handled pork.
5. Public health campaigns aim to raise awareness about the dangers of trichinization and encourage safe cooking methods.

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