

# TRESSFUL

*Meaning: TRESSFUL (adjective): characterized by a state of mental or emotional strain and difficulty, often leading to distraction or a need for tranquility.*

1. The tressful nature of her thoughts made it difficult for her to focus on the task at hand.
2. After a long day at work, he finally found a tressful moment in the quiet of his living room.
3. The tressful atmosphere in the office was palpable as everyone awaited the outcome of the meeting.
4. She took a deep breath, hoping to release some of the tressful energy that had built up during the week.
5. Finding a tressful escape in nature helped him regain his sense of calm and perspective.

---

*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/tressful>*