

TRANSFERENCE

Meaning: Transference is the psychological phenomenon where an individual projects feelings, attitudes, and desires from one relationship onto another, often seen in therapeutic contexts.

1. The concept of transference plays a crucial role in understanding the dynamics of the therapist-client relationship.
2. In the study of psychology, transference refers to the projection of feelings and attitudes from one person to another.
3. Her feelings of anger towards her mother were a clear example of transference during the therapy sessions.
4. The therapist encouraged her to explore her transference as a way to gain insight into her past relationships.
5. Understanding transference can help individuals break free from patterns that hinder their personal growth.

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