TRAMMELED

Meaning: Trammeled: restricted or hindered by external constraints or obstacles.

1. She felt trammelled by the expectations of her family, unable to pursue her own dreams.

2. The ancient trees trammelled the sunlight, casting long shadows on the forest floor.

3. His creativity was trammelled by the strict guidelines imposed by his employer.

4. In the quiet moments of reflection, she realized how often her fears had trammelled her happiness.

5. A sense of defeat washed over him as he recognized how trammelled his ambitions had become by circumstance.

Source: sentences.whatistheurl.com

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