

TOUGHNESS

Meaning: Toughness refers to the quality of being strong and resilient in difficult situations or enduring physical challenges.

1. Her toughness in the face of adversity inspired everyone around her.
2. The athlete's toughness was evident as she pushed through the pain to finish the race.
3. True toughness is not just about physical strength, but also mental resilience.
4. His emotional toughness helped him navigate the challenges of a difficult childhood.
5. The material's toughness makes it ideal for use in high-stress environments.

Source: sentences.whatistheurl.com

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