

TORMENTIL

Meaning: Tormentil is a perennial herb (Potentilla erecta) known for its medicinal properties, particularly in treating wounds and various ailments.

1. The herbalist recommended tormentil for its soothing properties in treating wounds.
2. In folklore, tormentil was often used as a remedy for various ailments, believed to ward off evil spirits.
3. During our hike, we stumbled upon a patch of tormentil growing by the riverbank, its yellow flowers bright against the green.
4. Historically, tormentil has been valued for its astringent qualities, making it useful in herbal medicine.
5. The gardener was thrilled to find tormentil thriving in her herb garden, adding to her collection of medicinal plants.

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