

TISANE

Meaning: Tisane is an herbal infusion made by steeping herbs, flowers, or fruits in hot water, typically served as a caffeine-free beverage.

1. A warm cup of tisanes can be soothing after a long day.
2. She enjoyed experimenting with various herbs to create her own unique tisane blends.
3. During the chilly evenings, a fragrant tisane filled the room with comforting aromas.
4. The herbalist recommended a calming chamomile tisane to help with her insomnia.
5. Tisanes are often caffeine-free, making them a perfect choice for late-night sipping.

Source: sentences.whatistheurl.com

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