

TENDOSYNOVITIS

Meaning: Tendosynovitis is an inflammation of the tendon sheath that typically causes pain and swelling around the affected tendon.

1. Tendosynovitis is often characterized by pain and swelling around the affected tendon.
2. Patients with tendosynovitis may experience difficulty in performing daily activities due to discomfort.
3. Treatment options for tendosynovitis typically include rest, ice, and anti-inflammatory medications.
4. Physical therapy can be beneficial for individuals recovering from tendosynovitis to regain strength and mobility.
5. Chronic tendosynovitis can lead to significant joint stiffness if not addressed promptly.

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