TENDONOUS

Meaning: TENDONOUS: relating to or resembling tendons, particularly in structure or function, often associated with the support and movement of muscles.

1. The tendonous structure of the muscle allows for efficient movement and strength.
2. Injuries to tendonous tissues can lead to significant pain and restricted mobility.
3. The surgeon carefully examined the tendonous connections during the procedure.
4. Athletes often focus on exercises that enhance the flexibility and durability of their tendonous systems.
5. A tendonous rupture can severely impact an individual's ability to perform daily activities.

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