

# TEMPERANCY

*Meaning: Temperancy is the practice of moderation and self-control, particularly in relation to indulgence or consumption.*

1. Temperancy is often regarded as a virtue that promotes a balanced and moderate lifestyle.
2. In her quest for temperancy, she learned to enjoy life's pleasures without excess.
3. The principles of temperancy are deeply rooted in many philosophical and religious traditions.
4. His commitment to temperancy allowed him to resist the temptations that surrounded him.
5. Practicing temperancy can lead to greater well-being and a more harmonious existence.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/temperancy>*