

TARSOMETATARSAL

Meaning: TARSOMETATARSAL refers to the anatomical region and joint complex between the tarsal bones and the metatarsal bones in the foot, important for movement and stability.

1. The tarsometatarsal joint plays a crucial role in foot movement and stability.
2. Injuries to the tarsometatarsal region can significantly impact an athlete's performance.
3. Surgeons often examine the tarsometatarsal area closely during complex foot procedures.
4. Understanding the anatomy of the tarsometatarsal bones is essential for proper diagnosis.
5. Rehabilitation exercises for the tarsometatarsal joint can aid in recovery from injuries.

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