

TAKING

Meaning: Taking: the act of engaging in an activity or temporarily pausing from a routine for relaxation or reflection.

1. Taking a walk in the park always helps me clear my mind.
2. She is taking a break from her studies to focus on her mental health.
3. Taking the time to listen to others can foster better relationships.
4. He is taking the lead on the project to ensure everything stays on track.
5. Taking risks can often lead to unexpected opportunities for growth.

Source: sentences.whatistheurl.com

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