

SYSTALTIC

Meaning: Systaltic refers to the rhythmic contractions of muscles, particularly in the context of driving bodily functions such as blood circulation.

1. The term 'systaltic' is often used in medical discussions to describe rhythmic contractions of muscles.
2. In studying the heart, researchers focus on the systaltic movements that drive blood circulation.
3. The systaltic action of the digestive tract helps in the efficient breakdown of food.
4. Physiotherapists often emphasize the importance of systaltic motions for improving muscle tone.
5. Understanding the systaltic processes in the body is crucial for diagnosing various conditions.

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