

SYNDESMOSIS

Meaning: Syndesmosis is a type of fibrous joint in which two bones are connected by a ligament, allowing for limited movement.

1. Syndesmosis is a type of fibrous joint that allows for limited movement between bones.
2. In the human body, the syndesmosis between the tibia and fibula provides stability while enabling some degree of flexibility.
3. During a physical examination, the doctor assessed the integrity of the syndesmosis in the patient's ankle.
4. Understanding syndesmosis is crucial for orthopedic surgeons when diagnosing certain types of ankle injuries.
5. The healing process of a syndesmosis injury can be prolonged and may require specialized physical therapy.

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