

SWADDLING

Meaning: Swaddling is the practice of wrapping a newborn in soft cloth to provide comfort and security while restricting movement.

1. Swaddling a newborn can help them feel secure and sleep better.
2. Many parents choose swaddling techniques that allow for some movement of the baby's arms.
3. The gentle pressure of swaddling can mimic the comfort of the womb.
4. Experts recommend using breathable fabrics when swaddling to prevent overheating.
5. Some babies may prefer being swaddled tightly, while others might resist it altogether.

Source: sentences.whatistheurl.com

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