

SUTRA

Meaning: A sutra is a sacred text in Buddhism that contains teachings and guidelines for spiritual practice.

1. The ancient text served as a sutra, guiding practitioners in their meditation techniques.
2. In Buddhism, a sutra often contains the teachings of the Buddha, offering wisdom to followers.
3. Exploring the sutra's intricate verses revealed a profound understanding of life and suffering.
4. The yoga instructor began her class by reading a sutra that emphasized the importance of mindfulness.
5. Scholars spent years interpreting the sutra, uncovering layers of meaning hidden within its words.

Source: sentences.whatistheurl.com

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