

SUSTENANCE

Meaning: Sustenance refers to the means of sustaining life, particularly in terms of food and nourishment.

1. The villagers relied on the river for their sustenance throughout the harsh winter months.
2. In many cultures, traditional dishes are not just meals but also a source of sustenance and community.
3. During the hike, they packed enough sustenance to last them several days in the wilderness.
4. She believed that mental sustenance was just as important as physical nourishment for a balanced life.
5. The charity focused on providing sustenance to those affected by natural disasters around the world.

Source: sentences.whatistheurl.com

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