

SUSTAINED

Meaning: SUSTAINED: maintained or kept up over a period of time, often in the context of enduring or experiencing something challenging.

1. The athlete sustained a serious injury during the championship game.
2. Her sustained effort in studying paid off when she received top marks.
3. The community's sustained commitment to environmental conservation has led to significant improvements.
4. Despite the challenges, the team maintained a sustained focus on their long-term goals.
5. The patient requires sustained treatment to manage their chronic condition effectively.

Source: sentences.whatistheurl.com

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