

SUPPLEMENT

Meaning: Supplement (noun): A product, often in the form of a pill or powder, that adds nutrients to the diet to enhance health or address deficiencies.

1. A daily vitamin supplement can help fill nutritional gaps in your diet.
2. The researcher published findings on how certain supplements can improve cognitive function.
3. Many athletes rely on protein supplements to enhance their performance and recovery.
4. Before adding any supplement to your routine, it's wise to consult with a healthcare professional.
5. The company offers a new line of herbal supplements designed for stress relief and relaxation.
6. A multivitamin can serve as a useful supplement for those who struggle to maintain a balanced diet.
7. She decided to supplement her income by taking on a part-time job at the local bookstore.
8. The doctor recommended a calcium supplement to help strengthen her bones as she ages.
9. To enhance her education, she enrolled in additional courses as a supplement to her degree program.
10. The report includes a supplement that provides detailed statistics on the company's performance.

Source: sentences.whatistheurl.com

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