

# SUGAR

*Meaning: Sugar is a sweet, crystalline substance derived from plants, commonly used to enhance the sweetness of foods and beverages.*

1. Sugar is often added to desserts to enhance their sweetness.
2. Many people prefer using brown sugar for its rich flavor in baking.
3. The doctor advised her to reduce her sugar intake for better health.
4. Some fruits, like apples and bananas, contain natural sugars.
5. An excessive amount of sugar can lead to various health issues, including obesity.
6. The recipe called for two cups of sugar to create a rich, sweet flavor.
7. Some people prefer using honey as a natural alternative to sugar in their tea.
8. Excessive sugar consumption has been linked to various health issues, including obesity.
9. She decided to reduce her sugar intake and focus on healthier food options.
10. The baker sprinkled a layer of powdered sugar on top of the freshly baked cake.
11. The baker added a generous amount of sugar to the cake batter to enhance its sweetness.
12. She decided to switch to a natural sugar alternative to maintain a healthier diet.
13. His morning coffee was always incomplete without a spoonful of sugar.
14. The children squealed with delight as they tasted the sugary treats at the fair.
15. The recipe called for brown sugar, which adds a rich, molasses-like flavor to the cookies.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/sugar>*