

# SUFFOCATIVE

*Meaning: Suffocative refers to an oppressive or stifling environment that restricts comfort, often due to excessive heat or lack of fresh air.*

1. The suffocative heat of the summer afternoon made it impossible to enjoy a leisurely walk outside.
2. In the cramped space of the attic, the suffocative atmosphere was stifling and oppressive.
3. Her suffocative feelings of anxiety overwhelmed her as she prepared for the big presentation.
4. The suffocative silence in the room was broken only by the sound of her trembling breath.
5. He found the suffocative nature of their relationship increasingly difficult to bear.

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