

# SUFFOCATING

*Meaning: Suffocating refers to an overwhelming sensation that restricts breathing or causes discomfort, either physically due to heat and lack of air, or emotionally through oppressive criticism.*

1. The heat in the crowded room was suffocating, making it difficult to breathe.
2. As she listened to his suffocating criticism, she felt her confidence slowly fading away.
3. The dense fog wrapped around the city like a suffocating blanket, obscuring the skyline.
4. He found the pressure of his responsibilities suffocating, weighing heavily on his mind.
5. In the small, poorly ventilated cabin, the air felt suffocating, trapping them in a stale atmosphere.

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Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)

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