

SUBSPINOUS

Meaning: Subspinous refers to the anatomical area or structure located beneath the spinous processes of the vertebrae, particularly relating to ligaments or regions associated with spinal stability.

1. The subspinous ligament plays a crucial role in maintaining spinal stability.
2. In anatomical studies, the subspinous region is often examined for its structural integrity.
3. The subspinous muscle attachment is essential for proper movement in various athletic activities.
4. Surgeons must be cautious when operating near the subspinous area to avoid nerve damage.
5. Understanding the function of the subspinous arch can enhance our knowledge of vertebral mechanics.

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