

STRINGENT

Meaning: Stringent: strict, precise, and demanding in requirements or standards.

1. The school implemented stringent rules to ensure the safety of all students.
2. Due to stringent regulations, the company had to revise its safety protocols.
3. The government has introduced stringent measures to combat the rising pollution levels.
4. Her stringent diet required her to avoid all processed foods and sugars.
5. They faced stringent scrutiny from the board before their project could be approved.

Source: sentences.whatistheurl.com

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