

STRICTURED

Meaning: Strictured: arranged or organized in a rigid and precise manner, often limiting flexibility or variation.

1. The diet plan was strictly structured to ensure maximum results within a short timeframe.
2. Her daily routine was strictly structured, leaving little room for spontaneity or relaxation.
3. The project required a strictly structured approach to meet all the specified deadlines.
4. Students thrived in the strictly structured environment, which provided clear expectations and guidelines.
5. To achieve success, the training program was strictly structured to focus on both theory and practical application.

Source: sentences.whatistheurl.com

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