

STRENGTHEN

Meaning: To make something stronger or more effective, whether physically, emotionally, or in terms of relationships.

1. Regular exercise can help strengthen your muscles and improve your overall health.
2. The team worked together to strengthen their bond and enhance collaboration.
3. He took a course to strengthen his skills in public speaking and presentation.
4. The new policy aims to strengthen the community's efforts in environmental conservation.
5. Parents can play a crucial role in strengthen their children's emotional resilience.
6. We need to strengthen our community ties to ensure everyone feels included.
7. Regular exercise can significantly strengthen your muscles and improve overall health.
8. The company launched a new initiative to strengthen customer relationships and enhance loyalty.
9. Studying a variety of subjects can help strengthen critical thinking skills in students.
10. To strengthen their argument, they provided extensive research and real-life examples.

Source: sentences.whatistheurl.com

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